

Coping Through Creating

An art therapy group

WMPS therapist Elisabeth Vandenberg, MA, LLPC, will lead Coping Through Creating, an art therapy group tailored for kids ages 10-14 navigating big feelings and tough challenges. This group offers a safe and supportive environment where participants use drawing and painting to calm their bodies and minds. Through guided activities, kids will learn effective coping strategies and problem-solving skills for managing difficult situations.

Join us on Fridays


Dates: July 19, 26 and August 9, 16, 23, 30

Time: 10 am – 11 am

Location: West Michigan Psychological Services 3588 Green Pointe Center,
Hamilton MI, 49419

Contact Us

 Call our office: 616-952-9957

 When you call to sign your child up, we will provide an estimate of the cost (which varies with your insurance) and answer any questions you may have!



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