



# Hamilton Middle School

January/February

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

06	07	08	09	10
*Beef/Bean & Cheese Burrito *Chicken Tenders w/Cheese Crackers *Pepperoni Pizza Pocket Cooked Garden Corn	*Soft Shell Tacos *Breaded Chicken Sandwich Baked Beans	*Apple Cinnamon French Toast w/Sausage Patties *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	*Beef Taco Sticks *Popcorn Chicken Bowl *Mini Corn Dogs Fresh Broccoli	*Chicken Cheese Quesadilla *Mozz. Cheese Sticks w/Dipping Sauce *Ham & Cheese Calzone Cooked Garden Corn
13	14	15	16	17
*Chicken Leg w/Mashed Potatoes & Dinner Roll *Pizza Bite Crunchers Cooked Garden Corn	*Pulled Pork Sandwich *Sausage Egg & Cheese Bagel Sandwich Baked Beans	*Chicken Bacon Sandwich *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	*Deluxe Nachos *Hot Dogs *Strawberry Parfait w/Cereal Bar *Pizza Pocket Fresh Broccoli	*Ham & Cheese Calzone *Corn Dog *Chicken Nuggets w/Crackers Cooked Garden Corn
20	21	22	23	24
*Chicken Egg Rolls *Chicken Tenders w/Cheese Crackers *Pepperoni Pizza Pocket Cooked Garden Corn	*Soft Shell Tacos *Breaded Chicken Sandwich Baked Beans	*Apple Cinnamon French Toast w/Sausage Patties *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	*Beef Taco Sticks *Orange Chicken Stir Fry w/Rice & Fortune Cookie *Mini Corn Dogs Fresh Broccoli	<p>No School</p>
27	28	29	30	31
*Chicken Leg w/Mashed Potatoes & Dinner Roll *Italian Pull Apart Cheese & Garlic Bread w/Dipping Sauce Cooked Garden Corn	*Pulled Pork Sandwich *Sausage Egg & Cheese Bagel Sandwich Baked Beans	*Chicken Bacon Sandwich *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	*Deluxe Nachos *Hot Dogs *Strawberry Parfait w/Cereal Bar *Pizza Pocket Fresh Broccoli	*Ham & Cheese Calzone *Corn Dog *Chicken Nuggets w/Crackers Cooked Garden Corn <i>Did you know???</i> Corn Dogs were invented in Oregon in the 1930's.
03	04	05	06	07
*Beef/Bean & Cheese Burrito *Chicken Tenders w/Cheese Crackers *Pepperoni Pizza Pocket Cooked Garden Corn	*Soft Shell Tacos *Breaded Chicken Sandwich Baked Beans  45 Days until Spring.	*Apple Cinnamon French Toast w/Sausage Patties *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	*Beef Taco Sticks *Popcorn Chicken Bowl *Mini Corn Dogs Fresh Broccoli	*Chicken Cheese Quesadilla *Mozz. Cheese Sticks w/Dipping Sauce *Ham & Cheese Calzone Cooked Garden Corn

## Prices

**Breakfast Free  
Lunch Free**

Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes	Choc. Chunk Benefit Bar	Whole Grain Mini Cinnamon Rolls	Whole Grain Apple or Cherry Frudels	Choc. Chip French Toast

**Daily Breakfast Entrées Include:** 100% Asst. Fruit Juices, Fresh and Asst. Canned Fruit.  
1% White and Skim Chocolate Milk (Cereal Kits also available daily)

### Breakfast Meal Deal

- (1) Entrée Choice
- (2) Fruit or Fruit Juice
- (1) Low-Fat 1% or Skim Milk (8oz)



### Lunch Meal Deal

- (1) Entrée Choice (bread & protein)
- (2) Fruit Choices
- (2) Vegetable Choices
- (1) Low-Fat 1% or Skim Milk (8oz)

**Available Daily**

\*Hamburgers/\*Cheeseburgers/\*Chef Salads  
\*Turkey & Cheese Sub Sandwiches/\*Cheese & Pepperoni Pizza Hut Pizza

**Due to product availability Menus are subject to change**

\*Included daily with lunch are several choices of fruit and vegetables.  
Fruit Choices.

Apples, Oranges, Watermelon, and Grapes (seasonal), canned in juice, Peaches, Applesauce, Pears, Pineapple and Mandarin Oranges.

100% Apple, Orange and Grape Juice.

Vegetable Choices.

In addition to the daily hot choice, Fresh Baby Carrots, Celery and Broccoli.  
Also 1% White and Chocolate Milk.

\*All breads and breading are whole grain.

**This institution is an equal opportunity provider.**