



Hamilton Middle School

February/March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 Mid-Winter Break 10	11 *Pulled Pork Sandwich *Sausage Egg & Cheese Bagel Sandwich Baked Beans	12 *Chicken Bacon Sandwich *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	13 *Deluxe Nachos *Hot Dogs *Strawberry Parfait w/Cereal Bar *Pizza Pocket Fresh Broccoli	14 *Ham & Cheese Calzone *Corn Dog *Chicken Nuggets w/Crackers Cooked Garden Corn Happy Valentine's Day 
17 *Chicken Egg Rolls *Chicken Tenders w/Cheese Crackers *Pepperoni Pizza Pocket Cooked Garden Corn	18 *Soft Shell Tacos *Breaded Chicken Sandwich Baked Beans	19 *Apple Cinnamon French Toast w/Sausage Patties *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	20 *Beef Taco Sticks *Orange Chicken Stir Fry w/Rice & Fortune Cookie *Mini Corn Dogs Fresh Broccoli	21 *Chicken Cheese Quesadilla *Mozz. Cheese Sticks w/Dipping Sauce *Ham & Cheese Calzone Cooked Garden Corn
24 *Chicken Leg w/Mashed Potatoes & Dinner Roll *Italian Pull Apart Cheese & Garlic Bread w/Dipping Sauce Cooked Garden Corn	25 *Pulled Pork Sandwich *Sausage Egg & Cheese Bagel Sandwich Baked Beans	26 *Chicken Bacon Sandwich *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	27 *Deluxe Nachos *Hot Dogs *Strawberry Parfait w/Cereal Bar *Pizza Pocket Fresh Broccoli	28 *Ham & Cheese Calzone *Corn Dog *Chicken Nuggets w/Crackers Cooked Garden Corn
03 *Beef/Bean & Cheese Burrito *Chicken Tenders w/Cheese Crackers *Pepperoni Pizza Pocket Cooked Garden Corn	04 *Soft Shell Tacos *Breaded Chicken Sandwich Baked Beans <i>Did you know?</i> There is a world record for eating the most baked beans? Someone ate 6 pounds in 1 minute and 48 seconds.	05 *Apple Cinnamon French Toast w/Sausage Patties *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	06 *Beef Taco Sticks *Popcorn Chicken Bowl *Mini Corn Dogs Fresh Broccoli	07 No School Only 13 Days Until Spring 
10 *Chicken Leg w/Mashed Potatoes & Dinner Roll *Pizza Bite Crunchers Cooked Garden Corn	11 *Pulled Pork Sandwich *Sausage Egg & Cheese Bagel Sandwich Baked Beans	12 *Chicken Bacon Sandwich *Cheese Stuffed Breadsticks w/Dipping Sauce Cooked Green Beans	13 *Deluxe Nachos *Hot Dogs *Strawberry Parfait w/Cereal Bar *Pizza Pocket Fresh Broccoli	14 *Ham & Cheese Calzone *Corn Dog *Chicken Nuggets w/Crackers Cooked Garden Corn

Prices

Breakfast Free
Lunch Free

Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes	Choc. Chunk Benefit Bar	Whole Grain Mini Cinnamon Rolls	Whole Grain Apple or Cherry Frudels	Choc. Chip French Toast

Daily Breakfast Entrées Include: 100% Asst. Fruit Juices, Fresh and Asst. Canned Fruit.
1% White and Skim Chocolate Milk (Cereal Kits also available daily)

Breakfast Meal Deal

- (1) Entrée Choice
- (2) Fruit or Fruit Juice
- (1) Low-Fat 1% or Skim Milk (8oz)



Lunch Meal Deal

- (1) Entrée Choice (bread & protein)
- (2) Fruit Choices
- (2) Vegetable Choices
- (1) Low-Fat 1% or Skim Milk (8oz)

Available Daily

*Hamburgers/*Cheeseburgers/*Chef Salads
*Turkey & Cheese Sub Sandwiches/*Cheese & Pepperoni Pizza Hut Pizza

Due to product availability Menus are subject to change

*Included daily with lunch are several choices of fruit and vegetables.
Fruit Choices.

Apples, Oranges, Watermelon, and Grapes (seasonal), canned in juice, Peaches, Applesauce, Pears, Pineapple and Mandarin Oranges.

100% Apple, Orange and Grape Juice.

Vegetable Choices.

In addition to the daily hot choice, Fresh Baby Carrots, Celery and Broccoli.

Also 1% White and Chocolate Milk.

*All breads and breading are whole grain.

This institution is an equal opportunity provider.