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Two Year Report on Achievement of Goals and Objectives HIV/AIDS and Sex Education

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Background Information

In June of 2004, the Michigan state legislators passed Public Acts 165 and 166 which modified Michigan laws related to sex education in public schools. Public Acts 165 and 166 outline the planning, training, and implementation mandates for HIV/AIDS and sex education (PA 165 of 2004) and a parent complaint process (PA 166 of 2004).

These acts stipulate the make-up of each district's Sex Education Advisory Board as well as their roles and responsibilities. Part of the role of the Sex Education Advisory Board is to:

- Establish program goals and objectives for pupil knowledge and skills that are likely to reduce the rates of sex, pregnancy, and sexually transmitted diseases; and
- At least once every 2 years, evaluate, measure, and report the attainment of program goals and objectives established under subdivision (a). The board of a school district shall make the resulting report available to parents in the school district. §380.1507

Public Acts 165 and 166 also stipulate that school districts are required to teach about dangerous communicable diseases, including but not limited to, HIV/AIDS. §380.1169 HIV/AIDS must be offered at least once a year at every building level (elementary, middle/junior, senior high) and each person who teaches K-12 pupils about HIV/AIDS shall have training in HIV and AIDS education for young people. §380.1169

Approved Goals, Objectives, and Curricula

Hamilton Community Schools Sex Education Advisory Board has recommended and the HCS Board of Education has approved the following goals and objectives for the K-12 program of instruction in HIV/AIDS, reproductive health, and sex education. The goals and objectives are aligned with state laws, the State Board of Education *Policy to Promote Health and Prevent Disease and Pregnancy* (2003), and the *Grade Level Content Expectations* as well as the *Michigan Merit Curriculum Credit Guidelines for Health Education*, adopted by the Michigan Board of Education (2007).

Goal:

To equip students with the knowledge and skills to develop healthy relationships and to avoid sexual behaviors that put them at risk for HIV, STDs, and unintended pregnancy.

Objectives:

At the end of the K-12 HIV/STD and sex education program of instruction, students will be able to:

- Analyze characteristics of healthy and unhealthy relationships.
- Evaluate positive and negative influences on sexual decisions.
- Evaluate the possible emotional, physical, and legal consequences of early sexual activity.
- Advocate for abstinence as the only 100% effective way to avoid pregnancy, HIV, and STDs.
- Accurately assess their risks for HIV, other STDs, and pregnancy.
- Demonstrate effective skills for avoiding or escaping risky sexual situations.
- Educating students on effective ways to access and correctly use contraceptives and other risk reduction methods.
- Communicate with parents and other trusted adults regarding reproductive health, relationships and sexual decisions.
- Seek additional information, support, and services as needed.

The Hamilton Community Schools Sex Education Advisory Board has reviewed and recommended and the HCS Board of Education has approved the following curricula for implementation with students at each of the building levels.

5th Grade Curriculum:

Puberty; The Wonder Years Grade 5 Lessons Outline

Middle School (7th Grade) Curriculum:

Michigan Model Middle School Scope & Sequence

High School Curriculum:

• Michigan Model High School Scope & Sequence

Program Evaluation:

Two surveys were conducted to evaluate the effectiveness of the program. They were the MiPHY and the Hamilton SEAB Parent Survey.

- The Michigan Profile for Healthy Youth (MiPHY) is an online student health survey offered by the Michigan Departments of Education and Health and Human Services to support local and regional needs assessment. The MiPHY provides student results on health risk behaviors including substance use, violence, physical activity, nutrition, sexual behavior, and emotional health in grades 7, 9, and 11. The survey also measures risk and protective factors most predictive of alcohol, tobacco, and other drug use and violence. MiPHY results, along with other school-reported data, will help schools make data-driven decisions to improve prevention and health promotion programming.
- The parent survey was generated to gather feedback from the community about the sex education/reproductive health education program to better meet the needs of students as well as the standards of the community.

Evaluation Results:

- MiPHY Trend Data
- Parent Survey

Next Steps:

- Teach the following lessons in High School Health Class, part of the already approved Michigan Model Curriculum.
 - o <u>Lesson 15 Condom Use</u>
 - o Lesson 15 Student Handout
 - o Lesson 16 Reducing the Risks
 - o Lesson 16 Student Handout 1
 - Lesson 16 Student Handout 2
 - Lesson 17 Reducing the Risk Part 2
 - Lesson 17 Student Handout
- Review and Revise the 3rd grade HIV and AIDS Lessons
- Research Lessons on pornography / sexting